Autumn 2008

Edition 34

Jakes & Ale





Newsletter of the Westmorland Branch of The Campaign for Real Ale



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Editorial

Is this really the last Lakes & Ale for 2008? Where did the year go to?

Many thanks for taking the time to pick up this little publication, we hope that you enjoy your read and it helps you to keep up with just some of the developments within the Westmorland Branch of CAMRA and the wonderful array of Pubs and Breweries that we are blessed with in this part of the world.

Inside is the usual mix of subjects - some campaign news; latest developments in our Breweries and Pubs; some beer adventures from one of our members plus well earned awards to three of our great real pubs - the Midland Hotel opposite the Settle to Carlisle station, which under new landlords Leigh & Paul has risen to become a great little pub earning our Pub of the Season Award for Autumn 2008; then there are two Highly Commended Awards to two more terrific pubs serving quality ales, the Badger Bar in Rydal, (well done to Rik), and then Alexanders the Pub, (well done also to Les), at the Castle Green Hotel in Kendal. Also a belated tribute to Jon at the White Horse in Kings Meaburn who just missed inclusion in the last issue for his Pub of the Season Award for Summer 2008. Again like the Midland Hotel the White Horse is another great local serving excellent local ales and they run a well supported beer festival. We do recommend a visit to each of these pubs if you are in the vicinity.

But the big event in the Branch this edition was our own very successful 15th Westmorland Beer Festival 2008, held at the Town Hall in Kendal. This year we ventured into the realms of part sponsorship to help with Campaign Funds and our Charity, the Alzheimer Soc., chosen in memory of our late President Alan Coulthwaite. We gratefully acknowledge, with thanks, the support of all our sponsors and the help and support of the South Lakeland District Council and Town Hall staff who make the event so much easier to run. Finally a big thanks to all our members who so freely gave of their time to man the festival and to all our customers without whom frankly it would be waste of time, not to mention a long lonely drink for the helpers. Ed.

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"From the Chair"

Welcome to another edition of Lakes and Ale and to the Chairman's comments which are written this edition by our Vice Chairman, David Butler.

The 15th Westmorland Beer Festival was held from 8 to 11 October and was very well attended. There were 54 beers, 6 Ciders, 2 Perries and 2 soft drinks on draught. The soft drinks, Sarsaparilla and Dandelion & Burdock, were very popular with the non-alcohol drinkers. Due to increased sponsorship the festival made a profit in excess of £2,500 enabling a donation of £800 to be made to the Alzheimer's Society. The success of the festival is owed to the volunteers who give many hours of their time in organising and running the event. Here's looking forward to an even more successful festival next year.

At the launch of the Good Beer Guide 2009, CAMRA called on the Government to introduce measures to prevent supermarkets selling alcohol as a loss leader. In response to the announcement that 36 pubs are closing every week, with a gloomy outlook for many more British pubs, the consumer group is urging the Government to introduce minimum pricing to reduce the gap between supermarket and pub prices.

CAMRA claims that well-run community pubs provide a perfect environment for adults to enjoy alcohol responsibly, but as small businesses, they are unable to absorb tax and cost increases and cannot demand the wholesale discounts enjoyed by supermarkets. Pubs are no longer able to compete on a level playing field.

Industry statistics show that off-trade beer prices have fallen by 1% in the last year, while pub prices have increased by around 4.4%. Since 2002 Off-trade beer prices have fallen by 7% while pub prices have increased by 24%

As a result of the 10% beer tax increase in this year's Budget, prices in pubs have increased by 4.4% in the last year and the average price of a pint of lager in a pub is now £2.82. In contrast, prices in the off trade have fallen by a further 1% as a result of huge price promotions. The Great British Pub is being targeted by ruthless off trade discounting that is resulting in falling pub visits and record pub closures.

CAMRA believes Government action is required to help pubs as they are the best place to enjoy alcohol responsibly in a regulated and socially controlled environment.

In a recent CAMRA pricing survey, research found drastically low figures in the off-trade with mainstream global lager brands on sale for as little as 57 pence a pint.

When a pub closes the community's heart is ripped out and dies. It's a particular problem in rural areas, where the village pub is the heart of the community. People go to pubs for friendship, conversation, to enjoy an affordable meal, or just quietly read a newspaper.

And pubs are regulated licensed premises. Publicans who permit bad behaviour such as heavy drinking will lose their licences. Supermarkets face no (Continued on page 7)

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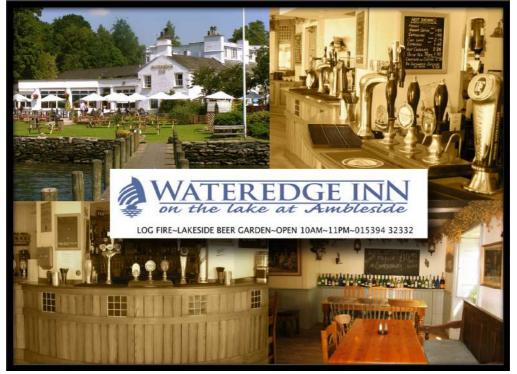
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(Continued from page 4)

such restraints. They have no idea what happens to cheap alcohol once it leaves their stores. In too many cases, it's passed on to under-age drinkers. It's the supermarkets, not pubs, that encourage binge drinking, with their massively discounted sales of alcohol. May be one solution is for England and

Wales to follow the example of the Scottish government and consider a minimum pricing policy for alcohol sold in the off-trade. Urgent action is needed to help save that great British institution your friendly, neighbourhood local.

Pop down to your local now and enjoy a few pints!! DB

Hike'n Pint

On Saturday 2 August a few intrepid members set off from Kendal Bus Station in the rain to walk to the Strickland Arms at Sizergh, where a beer festival was being held.

Before leaving Kendal the group called in to see CAMRA member Ken who unfortunately was working. The group sort of sympathised with Ken and then continued on their way.

The route passed the remains of an old Roman Fort, though it took a great deal of imagination to envisage the site of the fort, and continued along the banks of the River Kent. The rain had stopped so all was well.

However after a mile or so some Himalayan Balsam was spotted. The group decided to carry out their good deed for the day and uproot some on this invasive plant.

Himalayan balsam is a tall, beautiful plant from the Himalayas in Asia. Its large pink flowers can be seen along riverbanks as the species favours damp conditions. The species can spread rapidly and oust native species, reducing the ecological value of the land and leaving the soil vulnerable to erosion. Himalayan balsam was first introduced to the United Kingdom in the 1830s as an ornamental plant. It did not take long for the species to escape and start grow-

ing in the wild. Each plant can produce over 2000 seeds which are distributed by their exploding seed heads. The explosion can propel the seeds up to 5 metres, often into rivers and waterways which then further the distribution of the species.

Himalayan balsam can grow tall and in dense clusters. By doing so it can prevent the smaller native plant species from growing as there is not enough light for them. This causes problems on riverbanks which are dependent on the root systems of the native species to provide stability. Without the native plants binding the soil with their roots, when the Himalayan balsam dies back in autumn the riverbanks are susceptible to erosion in periods of heavy rainfall.

Eventually the group continued on their way crossing the river over a pedestrian suspension bridge near Sedgwick and along a lane to the Strickland Arms.

There were at least 20 beers to taste and also a hog roast for those feeling hungry. The group was joined by 2 other CAMRA members, one who had walked over Scout Scar and one who had taken the easy option and caught a bus. Unfortunately no one had brought a camera to record the day's events so there are no photos (probably just as well). DB

7

CAMRA WESTMORLAND BRANCH HIGHLY COMMENDED CERTIFICATE ALEXANDERS THE PUB

How

many real ale enthusiasts go down Castle Green Road in Kendal and miss the little gem of a real ale bar that is Alexanders the Pub.



so, established a turnover that keeps three pumps, (hopefully soon to be four), very busy.

Les keeps a marvellous pint of what

Situated in the same grounds as the prestigious Castle Green Hotel, Alexanders is run on behalf of the Hotel as a completely separate business by its Manager Les Brown.

Whilst Alexanders serves excellent food, Les is passionate about serving real ales and in his second stint as Manager he has, in the past 18 months or

ever brew takes his fancy, and so the Pub operates a constantly changing beer policy of local North West ales.

"Winning this Highly Commended Certificate is just the first stage in gaining recognition by CAMRA" said Les. It is his ultimate aim to get into the Good Beer Guide. Next summer there are plans afoot to hold a Beer Festival on



Les Brown behind the Pub Bar at Alexanders with CAMRA members Ken Bates & David Currington.

Moorhouses Pendle Witches, Dent Aviator & and Coniston Bluebird appear to be on the pumps.

(Continued on page 40)

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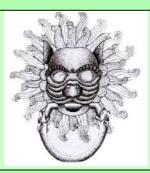
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CAMRA - the first ten years

founders' of CAMRA. In fact there were just four: Michael Hardman, Graham Lees and Bill Mellor who were journalists working in the Manchester/Liverpool area and Jim Makin (a friend of Graham L) working for a brewery in Salford.

In March 1971 the aforementioned four gathered in a pub in Chester prior to journeying to Ireland on holiday. The main topic of conversation was the increasingly lamentable state of beer and pubs. A few days later they arrived at Patrick O'Neill's bar on the Kerry coast and decided that lamenting was not good enough - a campaign was needed but what was it to be called? The germ of an idea had occurred accidentally during their visit to the Guinness brewery in Dublin the previous day. It was while taking photographs with - wait for it - a camera. Was there an acronym here? Cam(paign), something, something, Ale. Restoration?, no Revitalisation was preferred - more of a laugh and let's forget the 'e'. Thus was 'The Campaign for the Revitalisation of Ale' born. Next, the said four 'elected' themselves as its Officers: Michael H as Chairman, Graham L as Secretary, Bill M as Events Organiser and Jim M as Treasurer. Back in England, the Secretary decided to include an invitation to join the fledgling campaign with his Christmas cards. This produced twelve applicants each of whom, for a fee of 5p, received a membership card. Thus a vast increase in the size of the campaign from four to sixteen members resulted. An encouraging note on which to end the year.

In March 1972 the first annual meeting was held at the Rose Inn, Nuneaton with some 20 friends in attendance. The minutes indicated that a National Executive had been elected and a somewhat 'tongue in cheek' Constitution agreed. Later that year the first (typewritten) Good Beer Guide was produced (see Lakes & Ale No 32 for the full story). The shortened title 'CAMRA' was beginning to be used.

In October a special general meeting was held in Nuneaton at which the National Executive was enlarged to include several knowledgeable people of like mind, a revised Constitution and a definition of real ale was agreed and a single sheet newsletter with the title, suggested by Bill M, 'What's Brewing' was to be circulated to members.

Recruitment to the reconstituted campaign began in earnest and was greatly assisted through the work of three author members: Richard Boston who wrote a (then very and, to this day comparatively, rare) weekly beer column in the Saturday Guardian; Frank Baillie for his book 'The Beer Drinkers Companion' and Chris Hutt (later the second CAMRA Chairman) for 'Death of the English Pub'. In addition there was wide media coverage when CAMRA members joined those of the Society for the Preservation of Beers from the Wood (founded 1963) in a protest outside Alexandra Palace. The SPBW had been given short notice of withdrawal of their permission to hire a stand at a brewers festival being held inside. Word was spreading fast.

(Continued on page 12)

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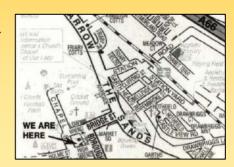
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(Continued from page 10)

At the second annual meeting (1973) in London, the name was changed to The Campaign for Real Ale. Membership had risen to over 1000 and by October it stood at 5000 - the original shoe box which contained member records had become inadequate! In November some 600 members attended a protest outside Joules brewery in Stone, Staffordshire which had been closed by Bass. This again attracted attention from the media.

By February 1974 membership had reached 9000; the first local branches had been formed and a professionally printed Good Beer Guide was published selling 30,000 copies in seven months. In July Cambridge branch ran the first four day Beer Festival; CAMRA (Real Ale Investments) was launched and raised sufficient capital to purchase a handful of pubs to be run as model 'free of tie' real ale outlets.

It must have been at about this time that CAMRA obtained its first offices by way of a lease on a tall Victorian house at 34 Alma Road, St Albans as well as

its first employee John Green who had been the successor to Graham L as Secretary.

The highlight of 1975 nearly didn't happen! An (almost) national beer festival in London had been proposed early in the year. Planning started with St Katherine's Dock, complete with lifeguards and rescue boats, as the preferred venue but, in May, it was ruled out by the local

Fire Officer. Cancellation of the event seemed imminent. However, after urgent talks with the then

Greater London Council and the Covent Garden Community Association the disused Flower Market was made available. It needed extensive (volunteer) expertise to install toilets, replace wiring and renew lighting. Further problems were a last minute hitch with the licence (resolved by the intervention of Fullers), a bomb scare and the absence of a bar counter.

Despite these seemingly insuperable obstacles, the festival was opened by CAMRA Chairman Chris Holmes on Tuesday 9th September to a queue a quarter of a mile long! Thanks to the good relationships established by CAMRA, over 30 brewers co-operated with each other, in some cases for the first time ever, to ensure that over 50 real ales were available under the same roof. A success? Here are the statistics: 40,000 customers, of whom 800 were recruited as members, consumed 150,000 pints of real ale and cider as well as lorry loads of bread and various cheeses. The festival concluded on the Saturday night to the sound of the hall filled with voices enthusiastically singing 'If you hate Watney's, clap your

hands'.

Remember, this was the era of manic brewery mergers, takeovers and, often, closure and resulted in the infamous 'big six', namely Allied (Ind Coope, Tetley, Ansell), Bass, Courage, Scottish & Newcastle, Watney and Whitbread. All were busily promoting such delights as, respectively, Double Diamond, Worthington

E, Tavern, Tartan, Red Barrel and Tankard to the almost total exclusion of any (Continued on page 14)



Good Beer Guide 1972: The title sheet (as illustrated) was stuck onto the card cover with wallpaper paste; after time and use it often became detached. The pub entry pages were printed 'back to back'. A.R.



CAMRA Westmorland PUB OF THE YEAR 2008

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(Continued from page 12)

marketing support for their long established traditional ales.

However, the message was beginning to be received. CAMRA really had become a force with which to be reckoned. . . During 1976 brewers, who also then owned the great majority of pubs, were responding with rather more enthusiasm to the increasing public interest being taken in Real Ale. In particular the introduction by Ind Coope (subsequently Allied, then Tetley's) of Burton Ale into 1,000 of their pubs represented welcome vindication of CAMRA's efforts. Membership had reached approximately 30,000 - the exact figure being beyond the ability of the overstretched HQ staff to determine. In order to protect them and the volunteer members of the National Executive from personal liability in the event of CAMRA being sued successfully or declared bankrupt, it became a Company Limited by Guarantee. Michael Young (later Lord Young of Dartington) then Chairman of the Consumers Association acclaimed CAMRA as 'The most successful consumer movement in Europe'.

Three other matters worthy of note that year were: The first of several subsequent financial problems. This time it arose over the unwise decision of the members annual general meeting to fix the subscription for the next two years during a period of high inflation and much campaigning activity at £2. Second, despite the refusal of several brewers to divulge the information, the Good Beer Guide was the first publication to include the strength (shown by Original Gravity) of many of the beers listed. Third, CAMRA supported a Parliamentary Bill to extend pub opening hours; regrettably it was 'counted out' and drinkers were to wait another 30 years before it was achieved in full.

All seemed to be well at the beginning of 1977; the popularity of Real Ale was rising steadily. However, a major internal policy disagreement threatened to derail CAMRA's previously sinale minded campaigning purpose. It arose over the acceptability or otherwise of a new method of cellar management; Truman introduced 'Tap Bitter' purportedly a Real Ale into about 100 of their pubs. Its container was not vented and the space left by beer being drawn off was replaced by a 'blanket' of CO2. Clearly this put it outside CAMRA's definition of Real Ale. The argument rumbled on for many years and to this day the use by Samuel Smith's of the cask breather is still controversial.

The year also saw the first attempts by British Brewers to produce lager, perhaps in response to the declining popularity of keg beer. Two Government reports were issued: The Price Commission's condemning the 'Big Six' brewers over pricing policy and the Food Standards Committee's recommending ingredient listing. In both cases detailed technical work had been submitted by CAMRA.

A Government proposal in 1978 to reduce big brewers local monopolies by 'voluntary' swaps of large numbers of their pubs barely got off the ground before they fell with the Labour Government the following year. Nevertheless Real Ale consumption and availability continued to climb as evidenced by Ansells (also subsequently Allied, then Tetley's) decision to reintroduce it into 250 of their pubs.

Even more encouraging news came in April 1979 when Watney's, long dubbed by CAMRA as 'Grotneys', introduced a new Real Ale 'Norwich Bitter' into 500 of their pubs. More startling still was

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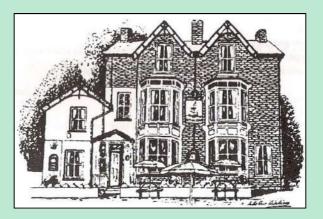


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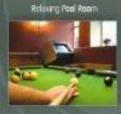
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THE MIDLAND HOTEL

Clifford St., Appleby-in-Westmorland



Midland Hotel was built about the same time as the Settle to Carlisle Railway line in the early 1800's and was first licensed in 1876. It was constructed using the same red sandstone as some of the bridges and buildings on the line. It can be found directly adjacent to Appleby Railway Station

The new management team of Leigh Dawson and Paul "Magpie" Magnay took over The Midland in November 2007 because, living locally, when they heard that it was becoming available they did not want it taken over by someone else who would have spoilt it. Leigh gave up

a job as a cook in a local restaurant and Paul gave up a job as a qualified welding fabricator. Paul also had previous experience of serving behind the bar and cellar work.

Because The Midland is a Free House they both saw the advantage of building on the, previously limited, choice of local real ales that were on sale. Direct deliveries from local, mostly Cumbrian, Breweries also meant that the beers did not have to travel many miles to a central warehouse and then be re dispatched to the pub. Excellent relationships now exist with Keswick Brewery

(Continued on page 18)

(Continued from page 17)

as well as Hawkshead, Dent, Coniston, Hesket Newmarket, Lancaster, Barngates and Thwaites; the list of supplying breweries and their different beers are always increasing. Up to four continually changing, real ales can be offered at any one time. John particularly likes the Dent Rambrau and has converted some of the fizzy lager drinkers onto it. Leigh enjoys Thwaites Lan-



Westmorland CAMRA President Alan Risdon presents Paul with his POTS Certificate

caster Bomber, but is also willing to try a sip of all of the real ales as they come on; quality control at its best!

Many changes have taken place since they have taken over and, as well as the increased and varying range of real ales. They are particularly proud of the improvements made to the extensive beer garden which has a covered heated area and also the interior of the pub, which now has a completely refurbished pool and darts room as well as big screen sports on offer and much improved accommodation. Home cooked locally produced food is now also available.

They both have very little time off but Paul still manages to carry on with his interest in motor bike racing. He takes part in the Supersport 600 series, travelling widely throughout the country.

Paul and Leigh have also organised outings from the pub which have included go cart racing and brewery visits, but not on the same day!

It seems that steam railways and real ale go together, visitors from the Settle and Carlisle Railway often pop in, but now The Midland is a real community pub with many locals regularly using it as well as the visitors. A warm welcome can be found for all.

You can be certain that now there is an increased range of quality real ales on offer for the drinking pleasure of all of the patrons of The Midland Hotel.

David Prickett.





The Midland Hotel has a very beautiful pair of loo doors, that come straight out of the Art Decoperiod

CONISTON BREWING CO. EST. 1995

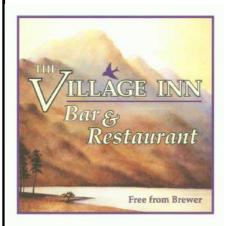
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Winter 2007/8

PUB OF THE SEASON - SUMMER 2008 THE WHITE HORSE, KINGS MEABURN



Alan Risdon (President), Tony Jackson (Treasurer), and David Currington (Secretary) congratulate Jon as he holds the POTS Award for Summer 2008 in the Beer Tent at his Annual Beer Festival held in the field next to the White Horse.

White Horse is a small family run pub, serving locally sourced food and mainly serving real ales from Cumbrian breweries. Landlord Jon came to the pub in December 2002, and since then he has steadily built up sales of food and real ale from next to nothing.

The pub has a very successful quiz team, two domino teams and one darts team. Jon has received much strong support from the 'locals', and they and visitors alike enjoy the "local" feel of the pub.

Every year a well attended Summer Beer Festival is held on the first weekend of the school summer holidays. So far this has built up to a bigger and better festival on each occasion it has been held. Everyone enjoys the beers; there can be up to 40 different ones, plus good food and music.

The Pub also doubles as the village Post Office; (a small office off the kitchen), which helps to keep the village going. The Westmorland Branch has been to these Beer Festivals for several years now and it is a great experience to be drinking fine ales right in the peaceful heart of the Cumbrian countryside.

See overleaf



Jon and some of his regulars outside the White Horse

> Cumbria Real Ale Guide

The Cumbria Real Ale Guide (CRAG)

The new edition (2008) **Cumbria Real Ale Guide (CRAG)** is on sale in shops and pubs at the cover price of £4.95. Discounts are available on larger quantities (details from the contact below).

The handy pocket sized ($10.5 \times 14.5 cms$) is arranged alphabetically by location with a brief description; of

each pub offering real ale; at the back is a full colour Cumbrian Breweries section and sectional colour county maps. It has been much improved by the addition of a ring binding and cover flap. As we do not have facilities at present for email cash transactions, if you wish to order a copy please send a cheque or postal order payable to CAMRA Westmorland Branch for £5.95 (to include post & packaging) to:

Please ensure you include the following details with your payment:

Alan Risdon
Westmorland Branch of CAMRA

4, St Anne's Court

How Head Ambleside Cumbria LA22 9ED Telephone: 015394 33912

Email:

alan@camrawestmorland.org

Name and Address for Delivery and a contact Telephone Number.

Queens PDF

TAKE IT TO THE TOP CAMPAIGN

CAMRA initiative to reward those Licensees who support one of CAMRA's long standing strategies - that of getting oversize glasses into as many Real Ale pubs as possible. Resistance within the industry is, as one might expect, very fierce particularly amongst the big pub chains.

Nevertheless, it is a fact that drinkers are altogether paying for millions of pints of Real Ale each year that they do not in fact receive.

They receive, and will continue to receive, short measures from bar staff who are aided and abetted by this Government's intransigence in not excluding the 'head' from the full measure of a pint. We must add, however, that in most of the real ale outlets in our part of Cumbria requests for top ups are rarely refused, which is the next best thing.





We have just two loyal supporters of this 'Take it to the Top' policy amongst our Westmorland licensees, and along with other Cumbria Branches Westmorland Branch have adopted the new Head Office decision to award Annual TITTT Certificates to pubs operating an oversize glass policy.

Our two pubs are the Kings Arms, Ravonstonedale (unfortunately now closed since the presentation Ed), and the Watermill Inn, Ings. We congratulate both Garry and Brian for their sup-

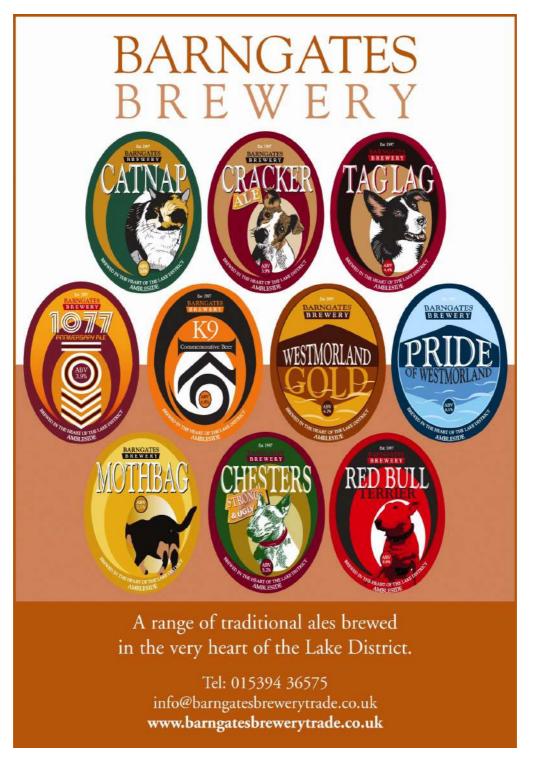
port of this key policy and when you have a drink in their pubs you don't have to worry about a top up. You can physically see the full measure of liquid up against the line. Well done and thanks to them both!



Above; Brian Coulthwaite at the Watermill, Ings

Left: Garry Kirby from the Kings

Head, Ravonstonedale



WESTMORLAND BRANCH OF CAMRA BEER FESTIVAL 2008 KENDAL TOWN HALL



The 15th Westmorland Beer Festival took place, as is now usual, in the Kendal Town Hall from the 8th to 11th October.

This year we decided that, with increasing costs and yet still wanting to give the visitors good value and keep beer prices to normal pub levels, we should dip our toe into the sponsorship arena. Also, as this was the first Festival since the sad loss of our long time President, Alan Coulthwaite, it would be nice to make an extra commitment to the Charity of our choice, the Alzheimer Society and as a result a donation of £870 was eventually made.

There was a change to the normal layout as it was decided to arrange the beers along the south wall and then utilise the

stage as a seating area. Most people agreed that this was a better arrangement and it gave us somewhere to put the musicians on the Friday and Saturday evenings.

This year we had over 50 real ales, with a fair spread from most of the local Cumbrian breweries. In addition we had a good selection of ciders and perries plus, a first, Sarsaparilla and also Dandelion & Burdock, on hand pump, for the those wishing to have a soft drink. Both seemed to be well received.

Also we maintained our theme of having quality cold food on display which was largely sponsored by Booths for a good

The Bar in full swing



(Continued on page 29)

ALEXANDER'S

THE PUB



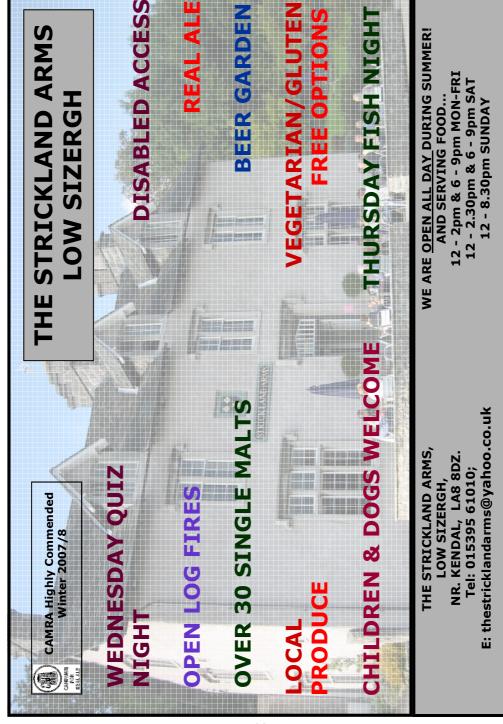
ALEXANDER'S PUB WAS ESTABLISHED IN 1997 AND IS SITUATED IN THE GROUNDS OF THE CASTLE GREEN HOTEL IN KENDAL. BUILT FROM AN OLD BARN WITH A LARGE CONSERVATORY OVERLOOKING KENDAL CASTLE AND THE LAKELAND FELLS, THE PUB BOASTS A TRADITIONAL PUB MENU AND A SPECIAL STEAK BOARD WITH FOOD SOURCED LOCALLY.

ALEXANDER'S OFFERS UP TO THREE DIFFERENT TRADITIONAL ALES AT ANY ONE TIME FROM OUR LOCAL BREWERIES - CONISTON, HAWKSHEAD, YATES, TIRRIL & DENT.

LES BROWN, THE PUB MANAGER AND ALL HIS STAFF WELCOME ONE AND ALL TO THEIR FANTASTIC ESTABLISHMENT TO SAMPLE GOOD FOOD AND TRADITIONAL ALES IN A WARM AND FRIENDLY ATMOSPHERE.

OPEN EVERYDAY FROM 12 NOON FOOD SERVED ALL DAY FROM 12 NOON UNTIL 9.30PM

ALEXANDER'S THE PUB, THE CASTLE GREEN HOTEL, CASTLE GREEN LANE, KENDAL CUMBRIA LA9 6RG TEL 01539 797017



(Continued from page 26)

selection of cheeses and from Sillfield Farm who supplied various quantities of wild boar, game, pork and hunter's pies.

The attendance was at least on a par with previous years and most of the beer went & that's the main thing.

We had not one but two booked music slots plus an impromptu one as well.

On the Friday session we had an excellent performance from 'Just Keith' on the keyboard with covers from many decades, and on Saturday a party of over a dozen 'Session Musicians', mostly based at the Rifleman's in Kendal, performed folk/Celtic type music. We also had a swift visit from the Slovenian Fireman's singers who were over



A steady session

on a cultural visit from our twinned town of Zrece. They came in to see our English beer festival and gave us a few impromptu songs.

Then on Saturday evening we had an unscheduled visit from over a dozen 'ladies' dressed in full eveningwear. They turned out to be members of a stag party from around Manchester way and some of them looked quite realistic -from the back!!!!



The Westmorland Branch are extremely pleased to record their thanks to our main sponsors, Alex Brodie from Hawkshead Brewery, who very kindly provided our half pint beer glasses. Also to Booths who gave a donation & also a discount on their food supplied for the Festival. Equally, we must thank our Lakes and Ale printers, Kent Valley Colour Printers who kindly provided our

(Continued on page 33)

Leeds to Drink....

Recently I had to spend a week staying in the centre of Leeds, and of course had to find something to do in the evenings. Having the CAMRA Good Beer Guide to hand I decided to try some of the local hostelries to pass the time over the four evenings.

First of all I headed to the North East of the city centre. My first port of call was to have been a Chinese restaurant I knew, but this was shut due to redevelopment. After sampling alternative nosh, the Reliance made up for the disappointment. It appears to be two old shops that have been joined together, with wall to ceiling windows at the front, and also to the side as it is on a corner. It is set out in what could be described as "shabby chic" with its wooden floors and aging sofas. There are only two hand pumps visible, but one of them served a very fine pint of Hambleton 'Nightmare'.

The Reliance is one of a small chain of three pubs, and just down the road back towards the city centre is another one of these, the North Bar, (more on the third one later). This is a long narrow bar, again apparently a shop conversion, with a large array of foreign beer fonts, and three hand pumps. Much more of a café bar, the foreign beer bottle selection is very good. Managing to resist this, I settled for a very good pint of 'Outlaw Pale Ale'. After a fair walk back in the direction of the hotel, and a slight detour, I ended the evening in the Palace. This is a square block by the Cathedral and has a Painted Wall poster proclaiming it as an old Melbourne's Brewery House. Inside is open plan, with a long large area where the bar is, a side area down some steps and what was obviously a back room. It even has a freestanding

clock in green in the bar, smaller but similar to the one outside the Kendal Brewery. There are normally 8 beers available and the Leeds Brewery 'Yorkie' and Cropton 'Endeavour' were both excellent.

The following evening I decided to start with Whitelock's First City Luncheon Bar. This is down an alley off one of the main shopping streets and dates from the eighteenth century. The bar area has copper topped tables and wood panelling and there is a restaurant (luncheon?) area off to one side. There are 6 beers available and the Ossett Silver King was very acceptable. A stroll to the south of the city centre then brought me to the Grove, which is



Whitelock's First city Luncheon Bar

well renowned for its music. It's also well provisioned for beer with about 8 beers on. The 'Albatross' by I think Salamander was a dark beer that made a good companion while I read the New Full Measure, the local Leeds CAMRA newsletter. The Grove is a street corner pub which has lost most of its streets, as the housing and factories that would have stood here have been replaced

(Continued on page 32)

O'Neil & Petrie pdf



(Continued from page 30)

with shiny office blocks. Thankfully the multi-roomed pub has survived intact.

Walking back into town, the next stop was the Scarborough Hotel. This is directly opposite Leeds Railway Station, and is a single curved room with 6 beers. While the beer selection was not as adventurous as some of the other pubs I had been in, the 'Leeds Best' was good enough to go back for another one

Another day, another pub. I had noticed in the New Full Measure that Leeds Brewery had opened their first pub and the food was supposed to be good, so I set off for the Midnight Bell with high hopes. While it took a while to get a pint of 'Leeds Pale Ale' due to barrel problems, when it did arrive both it and the food were excellent, and the pint of Leeds 'Midnight Bell' beer that went with pudding washed it down a treat. The pub itself is a brick terraced building with a modern interior in an industrial area to the south of the city. It is definitely worth the 10-15 minute walk out from the station, especially as the Cross Keys is two doors down. This is the third sister to the Reliance and the North Bar, and is two rooms of a similar appearance to the Midnight Bell. Four beers are on offer, and the Oldershaw 'Vulcan's Rest 'was I think up to the



Town Hall Tavern ,Westgate, Leeds

high standard of all the beers I had so far tried

For the final evening I headed over towards the City Hall, and just behind it is the Victoria Family and Commercial Hotel. The bar is to the right of the entrance way, and consists of a single



Victoria Family and Commercial Hotel Gt George St, Leeds

large bar with cubicles which has a very ornate Victorian décor. A fine array of hand pumps on the bar greets the thirsty customer and the Acorn 'Barnsley Gold' went down a treat. It was then off to the other side of the City Hall to its original namesake the **Town Hall Tavern**. This is one of the few Timothy Taylor tied pubs and had four of their range plus a couple of guests. I sampled the 'Ram Tam' dark beer as I don't see it very often and it did not disappoint.

Just up the road is a Pub that is now called **Mr Foley's**, but it has been known as the Baroque and Dr Okells in recent years. Apparently the building is the original home of the Pearl Assurance company founded by Patrick Foley. The name change hasn't affected the pub very much, as it is still spread over three levels with a mezzanine and a back room. It still has 10 real ales,

(Continued on page 33)

(Continued from page 14)

the decision to discontinue their flagship keg beer 'Watney's Red', seen throughout its life by CAMRA as representing everything that had gone wrong with the production and marketing of heer

Had CAMRA's job been completed? Was the future of Real Ale now safe in the hands of the brewers? Many thought so and in 1980 membership dropped below 15,000, large numbers of activists retired through exhaustion, administration at headquarters was close to breakdown, further serious financial problems were looming fast, the media had lost interest in beer stories and the price of a pint passed 50p moving rapidly towards £1. A trial distribution to newsagents of a commercial version of What's Brewing in magazine format

priced at 50p was discontinued through lack of funding after only three issues, sooner than it could be established whether it was viable or not.

Bad luck too for the GBBF held at Alexandra Palace, except that it burnt down a week or so beforehand. Only through the assistance of Harringey Council who erected two large marquees and the valiant efforts of CAMRA volunteers did the festival open (during a cloud burst!)

Clearly fresh policy and financial strategies were urgently needed to provide a springboard for CAMRA's future. The next few years would prove pivotal in that endeavour.

Alan Rísdon

With acknowledgement to 'Called to the Bar' published by CAMRA in 1992.

(Continued from page 29) excellent full colour beer programme.

Several of our local breweries and pubs also weighed in with free/discounted beer or cash donations. We are grateful to them all. It was with their help that we were able to give a donation to the Alzheimer Society of well over £800. Within this amount were donations from those attending, including unspent beer tokens, which amounted to over £280 - thanks to all who donated. We did ask for comments this year with many responses being complimentary plus a number of constructive suggestions too. We are analysing them and will act on those which are possible.

We must also thank our host's at the

Town Hall. The facilities are second to none and we must also thank our hosts, particularly to Debbie, Phil, Owen, Roy and Phil 2, without whose help our tasks would have been very much harder. We also thank Brian at the Watermill Inn whose storage facilities we are most grateful to use.

To those who are reading this and who came & enjoyed themselves and, indeed, to all our readers we say see you all next year!

I drink to make other people interesting.

(Continued from page 32)

but where there used to be an Okells bias, it is now a York Brewery house and there were 5 of their beers on, plus another 4 guests from Yorkshire. However, being awkward I went for the 'Hanby Gold'. After finishing my excel-

lent pint it was off the bed to reflect on

the very high standard of the beer I had tasted and the pubs I had visited while in Leeds.

DJB



For information or Bookings contact: Ed or Lee Tel: (015394) 36372 www.kingsarmshawkshead.co.uk

HAWKSHEAD, AMBLESIDE, CUMBRIA

This traditional Lakeland Inn with oak beams and open fire in the bar, offers a warm welcome to all. Light snacks and bar meals are served between 12-2.30 and 6-9.30 daily and are complimented by a choice of 4 cask ales. Situated in the delightful village of Hawkshead, the Kings Arms makes an ideal base to tour the surrounding National Park. Accommodation either Bed and Breakfast or in one of 3 Self Catering Cottages, available all year round.

 ☆☆☆
 SPECIAL MID-WEEK BREAKS
 ☆☆☆

Hawkshead Brewery Ales always on tap Coniston Brewery's Bluebird Bitter—CAMRA Champion Beer of Britain regularly available here at the 'Kings'

Keswick PDF Adv

Stammgaste(s) seen in Cumbria?

What is a Stammgaste? - apparently it's German for 'regular'.

'Regulars' was one of 50 art events organized as part of this years FRED festival, the annual art invasion of Cumbria, which announced that 'artists from around the World would present new work in England's most spectacular landscapes'.

And where more spectacular than the Howgills, the Northern Fells - and Chiemgau. - Chiemgau??? Well apparently it's home to two Bavarian pubs, 'Gasthaus Schellenberg' and 'Gasthof zur Post'.



Both pubs have a reputation for good beer and resources that are popular with walkers as does the 2009 CAMRA Good Beer Guide pubs 'The Old Crown' at Hesket Newmarket and 'The Black Swan', in Ravenstonedale.

FRED artists Kaspar Wimberley and Susanne Kudielka decided to create 'Regulars' as a pub twinning installation. The 'Black Swan' were to be twinned with Gasthof Zur Post (a.k.a Beim John) which is in the small town of Obing in Chiemgau. The pub has welcomed both travellers and locals for at least 580 years, including the likes of Wolfgang Amadeus Mozart. Today the pub is central to village life, hosting a variety of local and international events on the small stage upstairs, or outside

in the biergarten.

'Beim John' invited the 'Black Swan' regulars to enjoy a pint with their Bavarian regulars via a 24 hour web cam;



the Bavarian Stammgastes could do the same with us. Beers were exchanged, with brews from Hesket Newmarket travelling out to Germany, and in our Cumbrian

bars we sampled the likes of Hopf and Wochinger Brau brought specially from the Bavarian cellars by an Armistead European Truck.

In the past, the Black Swan's twin 'Gasthof zur Post' in Obing had entertained Mozart but their current musical entertainment is much more aligned to the Black Swan's presentation of Cumbrian roots and acoustic music.

The 'Black Swan' launched the event with a music night featuring talented acoustic musicians.

As 8.00pm approached, the computer terminal in the back bar of the Black Swan flickered into life and the packed Cumbrian pub looked straight into the bar of their Bavarian twin. German landlord John peered straight into the screen, sporting an impressive beard while technical adjustments were made to volume. Throughout 'regulars' and 'stammgaste' called greetings enthusiastically and this writer celebrated with a pint of weiss beer 'hof'. *Steve.*

CAMRA WESTMORLAND BRANCH HIGHLY COMMENDED CERTIFICATE THE BADGER BAR, RYDAL.

A bit about the pub...

The Glen Rothay Hotel and Badger Bar is a Grade II listed building bearing a stone date of 1624, and was originally a coaching establishment called David's Inn. After sometime as a private residence it happily returned to serving ale in the early 20th century.

A bit about the owner....

It is run by Rik who moved from London swapping 23 years in IT for an investment bank for a new venture in the Lakes. He bought the Glen

Rothay Hotel and Badger Bar in August 2007 and immediately began to work on improving its attraction for real ale drinkers - a subject close to his heart!



The Badger Bar, is a part of the renowned Glen Rothey Hotel at Rydal, in the heart of the Lake District.

A bit about the Badger Bar's 'green credentials'... The Hotel has been working through the Cumbria Business Environment Network (CBEN) awards for Environmental Excellence; they have

recently been awarded a Bronze and hope to attain Silver soon. Part of their environmental policy is to keep the 'Beer Miles' down, and so our current policy is only to stock beers from the large number and wide range of Cumbrian brews available. This is not only popular with the tourists but also with regulars because our beers are constantly changing.



This has recently been refitted the help of Alistair McInnes at Centriflow Services Ltd and the five hand-pull plinth

(Continued on page 42)



Chairman Chris Holland & 'Friend' presents the Highly Commended Certificate

DRIP TRAY NOTICE BOARD



The Greyhound Hotel, Shap has changed landlords once more and is now in the hands of Rob, who has moved there from the Cross Keys, Tebay



The following pubs have regretfully fallen foul of the current economic climate and have closed.

- Kendal
- The Old Station Inn, Burton-in-The Kings Arms, Ravenstonedale



On a happier note the Derby Arms, Witherslack, closed for sometime, is to reopen in December.

It has been taken on a long lease by the owner of the Strickland Arms, Sizergh and is undergoing a complete renovation and extension. It will feature a similar strong Real Ale policy as for the Strickland Arms and also serve good local food and provide accommodation.

Eventually there will be a garden area, including a chicken run as Manager Dan hopes to ensure a supply of fresh eggs



The George & Dragon at Clifton, nr Penrith has also had a complete renovation and is now a superbly equipped pub and restaurant serving fresh food from the Lowther Estate. The Manager is determined to follow a policy of 'local real ales', another welcome addition to the real ale cause!



The Duke William at Staveley appears to be under new management. & it is rumoured that the Pennine in Kirkby Stephen is shut.



Brian Coulthwaite at the Watermill, Ings tells us he has purchased a plot of land behind the Pub, just across the stream. He hopes to be able to install a new vehicular bridge and then build a brand new brewery; some additional accommodation for guests and have a riverside garden. This will obviate the need to carry out some very much needed extensions to the present brewery for which he already has planning. Watch this Space!

BREWERY UPDATES

DENT BREWERY

Busiest year in its 18 year history – now running three vans. The logo and publicity material has had a makeover with new pump clips, branded glasses and plastic bottle labels. Work is progressing on two new beers for 2009 as well as the seasonal programme.

HAWKSHEAD BREWERY

With 5 out of 7 of SIBA's 2008 regional blind tastings complete, Hawkshead Brewery is building its list for the winter beer festival at The Beer Hall.

The twice yearly beer festivals always feature winners of the blind tasting competitions, held by SIBA (Society of Independent Brewers) in 8 cask ale categories in 7 regions of Britain. The list so far, for the winter festival (Feb 6/8th Feb 2009) includes beers from Castle Rock, Purity, Thornbridge, Strathaven, Highland, Sinclair, Purple Moose, Westerham, Ballards, Dark Star, Otley.

Beers from SIBA North will be added after the North contest in early January.

Expansion continues at Hawkshead's Staveley site. A conference room has been added – available for hire to beer minded businesses. It's quiet but a handy 30 yards from the bar.

TIRRIL BREWERY

Business steady. A blended beer (part Red Barn part Old Faithful) was produced for the Old Station at Burton in Kendal named Amber Ale after the pub dog. Although the Old Station has closed several other pubs are now taking the beer.

WATERMILL

The full Beer List currently now comprises;

- Colly Wobbles *Pale Bitter* 3.7%; W'ruff Nite *Golden Hoppy Ale* 5.0%
- A Bit'er Ruff Classic Best Bitter 4.1%: Blackbeard Dark Mild 3.8%
- Dogth' Vadar Dark mild %.5.1%;
- And soon the seasonal A Winters Tail 4.3%
- See Drip tray for more news



GOLDEN FLEECE



Damian & Jennifer Welcome You to The Golden Fleece

Located just off A66 cross-Pennine route, ideal location to explore the Eastern Pennines and Yorkshire Dales.

Great home cooked food served daily

Local real ales

En suite accommodation

Dog friendly

Pool table, dominoes, darts plus other games

Regular entertainment and other activities

Golden Fleece, Main Street, Brough, Nr Kirby Stephen, CA17 4BL T: 01768 342810 (Continued from page 8)

the lawns outside the Pub with its glorious views over Kendal and the southern Lakes.

Les Brown receiving his award from Branch Secretary David Currington

So why not go and sample some of the beers for yourself. If you can't manage the walk it's not far to walk from the 42A bus from town; get off at the end of Castle Green Close.

"You're not drunk if you can lie on the floor without holding on."

Dean Martin



EVENTS DIARY & BEER FESTIVALS

- 6 Dec 8.30pm Watermill Inn, 18th Anniversary Fancy Dress Party Pirate themed costume. Minibus both ways, (£3) Kendal bus stn 7.30pm; Ambleside 8.00pm; Windermere 8.15pm. Return as agreed on night.
- 19 Dec Annual Branch Xmas Bash at Watermill Inn from 8.00pm. Minibus both ways (£3) Kendal bus stn 7.30pm; Ambleside 8.00pm; Windermere 8.15pm. Return as agreed on night.
- 12 Jan 2009. Branch Mtg, 7.30pm, Riverside Hotel, Kendal (GBG 2010 Selection).
 Minibus £3
- 6-8th Feb. Winter Beer Festival, Beer Hall, Hawkshead Brewery, Staveley.
- 9th February Visit to Dent Brewery; details on website in due course
- 9th March Branch Meeting venue TBA; details on website in due course.

"Drinking beer doesn't make you fat, It makes you lean....

Against bars, tables, chairs, and poles."

Join CAMRA today!

Complete the Direct Debit form below and you will receive three months' membership free and a fantastic discount on your membership subscription. Alternatively you can send a cheque payable to CAMRA Ltd. with your completed form; visit www.camra.org.uk or call 01727 867201. All forms should be addressed to Membership Secretary, CAMRA, 230 Hatfield Rd, St Albans, AL1 4LW. Membership costs £20 for single membership and £25 for joint membership (or £22 single and £27 joint if not paying by Direct Debit).

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Westmortand Branch is pleased to be associated with two recently issued local guides for 2008 which are promoting Real Ale in the Lakes.



Left: Westmorland Branch President Alan Risdon pulling the first pint in the newly refurbished bar with Rik.

Below: Yes, there really are badgers about.

(Continued from page 36)

now takes centre stage on the refurbished bar. Westmorland CAMRA has been a long time supporter of the Badger Bar and we are very pleased that Rik is committed to making sure that you can always be certain of a great pint of Local Real Ale.





VOTED EAMRA Westmorland PUB OF THE YEAR 2007

The FAMOUS and Child Inn - Staveley -

5 Real ales always

Scrumpy Ciders Fresh Local Food

See our new website

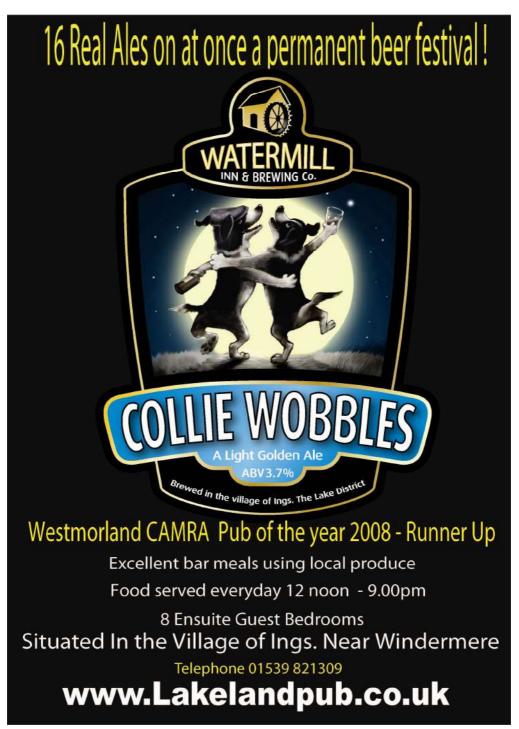
We Are In the Vibrant village Of Staveley 10 min from Windermere or Kendal - Train or-555 BUS Just off the A591- TEL 01539 821320







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